



# The New Standard Academy

## JANUARY 2024 K-12 BREAKFAST

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
|   |   | 1  | 2  | 3  |
|   |   |  |  |  |
| 6   | 7   | 8  | 9  | 10   |
| Cereal<br>Applesauce<br>100% Fruit Juice<br>Milk      | Assorted Fruit<br>Muffin<br>Apple Slices, 100%<br>Fruit Juice, Milk | Yogurt, Asst. gra-<br>ham<br>Craisins<br>100% Fruit Juice<br>Milk      | Bagel with Cream<br>Cheese, Fruit Cup<br>100% Fruit Juice<br>Milk    | Ultimate Breakfast<br>Round<br>Apple<br>Milk           |
| 13  | 14  | 15   | 16   | 17   |
| Pop Tarts<br>Applesauce<br>100% Fruit Juice<br>Milk   | Cereal<br>Asst. Graham<br>Apple Slices, 100%<br>Fruit Juice, Milk   | Zee Zee's Cocoa<br>Cherry Bar<br>Fruit Cup<br>100% Fruit Juice<br>Milk | Bagel with Cream<br>Cheese, Craisins<br>100% Fruit Juice<br>Milk     | Banana Chocolate<br>Chunk Benefit Bar<br>Apple<br>Milk |
| 20  | 21  | 22   | 23   | 24   |
| No School<br>MLK Day                                  | Yogurt<br>Asst. Graham<br>Apple Slices, 100%<br>Fruit Juice, Milk   | Zee Zee's Breakfast<br>Bar<br>Craisins<br>100% Fruit Juice<br>Milk     | Bagel with Cream<br>Cheese<br>Fruit Cup,<br>100% Fruit Juice<br>Milk | Ultimate Breakfast<br>Round<br>Apple, Milk             |
| 27  | 28  | 29   | 30   | 31   |
| Super Donut<br>Applesauce<br>100% Fruit Juice<br>Milk | Cereal<br>Asst. Graham<br>Apple Slices, 100%<br>Fruit Juice, Milk   | Assorted Fruit<br>Muffin<br>Fruit Cup, 100%<br>Fruit Juice, Milk       | Bagel with Cream<br>Cheese, Craisins<br>100% Fruit Juice<br>Milk     | Benefit Bar<br>Apple<br>Milk                           |

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

This institution is an equal opportunity provider.

Please Note:  
Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.



This institution is an equal opportunity provider.



# The New Standard Academy

## JANUARY 2024 HIGH SCHOOL LUNCH

| Monday  | Tuesday  | Wednesday                                 | Thursday  | Friday   | Alternative<br>Entree Options                             |
|---|--|---|---|--|---|
|   |  | 1   | 2   | 3  |   |
| 6   | 7  | 8   | 9   | 10   | Mondays   |
| Chicken Tenders<br>Assorted Graham<br>Baked Beans<br>Fruit Cup, 100% Fruit<br>Juice, Milk   | Beef and Cheese<br>Taco, Carrots<br>Orange, 100% Fruit<br>Juice, Milk                        | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Meatball Sub with<br>Marinara<br>Oven Brown Potatoes<br>Applesauce, 100%<br>Fruit Juice, Milk                       | Baked Cheeseburg-<br>er Mac with Whole<br>Wheat Roll<br>Green Beans, Banana.<br>100% Fruit Juice, Milk | Turkey and Cheese<br>Sandwich                             |
| 13  | 14   | 15  | 16  | 17   | Tuesdays  |
| Chicken Patty on a<br>Whole Wheat Bun<br>Baked Beans<br>100% Fruit Juice, Fruit<br>Cup, Milk  | Beef and Cheese<br>Nacho<br>Carrots<br>Orange, 100% Fruit<br>Juice, Milk                     | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Popcorn Chicken<br>Oven Brown Potatoes,<br>100% Fruit Juice,<br>Applesauce, Milk                                    | Bosco Sticks<br>Broccoli Florets<br>Banana, 100% Fruit<br>Juice, Milk                                  | Chef Salad Whole<br>Wheat Roll                            |
| 20  | 21   | 22  | 23  | 24   | Thursdays   |
| No School<br>MLK Day  | Walking Taco with<br>Whole Grain Chips<br>Refried Beans<br>Orange, 100% Fruit<br>Juice, Milk | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Baked Goulash with<br>a Whole Wheat Roll<br>Corn<br>Applesauce, 100%<br>Fruit Juice, Milk                           | All Beef Hamburger<br>Whole Wheat Bun<br>Carrots<br>Banana<br>100% Fruit Juice, Milk                   | Italian sandwich  |
| 27  | 28   | 29  | 30  | 31   | Fridays   |
| All Beef Hot Dog<br>Whole Wheat Bun<br>Baked Beans<br>100% Fruit Juice, Fruit<br>Cup, Milk  | Beef and Cheese<br>Taco, Carrots<br>Orange, 100% Fruit<br>Juice, Milk                        | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Breakfast for Lunch!<br>Waffles, Scrambled Eggs,<br>Oven Brown Potatoes,<br>100% Fruit Juice, Apple-<br>sauce, Milk | Beef and Bean Chili<br>Whole Wheat Crack-<br>ers, Veggie Sticks<br>Banana, 100% Fruit<br>Juice, Milk   | Turkey Cheese Pasta<br>Salad                              |
| <p>Please Note:<br/>Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.</p> |  |   |                                 |  |   |
| <p>All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.<br/><br/>Milk offered: Fat Free Chocolate or Low Fat White</p>                               |  |   |   |  | <p>This institution is an equal opportunity provider.</p> |





# The New Standard Academy

## JANUARY 2024 K-8 LUNCH



| Monday  | Tuesday   | Wednesday                                 | Thursday  | Friday  | Alternative<br>Entree Options                             |
|---|---|---|---|---|---|
|   |   | 1   | 2   | 3   |   |
| 6   | 7   | 8   | 9   | 10  | Mondays   |
| Chicken Tenders<br>Baked Beans<br>Fruit Cup, Milk   | Beef and Cheese<br>Taco, Carrots<br>Orange, Milk                        | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Meatball Sub with<br>Marinara<br>Oven Brown Potatoes<br>Applesauce, Milk                              | Baked Cheeseburg-<br>er Mac with Whole<br>Wheat Roll<br>Green Beans, Banana<br>Milk | Turkey and Cheese<br>Sandwich                             |
| 13  | 14  | 15  | 16  | 17  | Tuesdays  |
| Chicken Patty on a<br>Whole Wheat Bun<br>Baked Beans<br>100% Fruit Juice, Milk  | Beef and Cheese<br>Nacho<br>Carrots<br>Orange, Milk                     | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Popcorn Chicken<br>Oven Brown<br>Potatoes, 100% Fruit<br>Juice, Milk                                  | Bosco Sticks<br>Broccoli Florets<br>Banana<br>Milk                                  | Chef Salad Whole<br>Wheat Roll                            |
| 20  | 21  | 22  | 23  | 24  | Thursdays   |
| No School<br>MLK Day  | Walking Taco with<br>Whole Grain Chips<br>Refried Beans<br>Orange, Milk | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Baked Goulash with<br>a Whole Wheat Roll<br>Corn<br>Applesauce, Milk                                  | All Beef Hamburger<br>Whole Wheat Bun<br>Carrots<br>Banana<br>Milk                  | Italian sandwich  |
| 27  | 28  | 29  | 30  | 31  | Fridays   |
| All Beef Hot Dog<br>Whole Wheat Bun<br>Baked Beans<br>100% Fruit Juice<br>Milk  | Beef and Cheese<br>Taco, Carrots<br>Orange, Milk                        | Pizza<br>Romaine Lettuce<br>Apple<br>Milk | Breakfast for Lunch!<br>Waffles, Scrambled<br>Eggs, Oven Brown<br>Potatoes, 100% Fruit<br>Juice, Milk | Beef and Bean Chili<br>Whole Wheat Crack-<br>ers, Veggie Sticks<br>Banana, Milk     | Turkey Cheese Pasta<br>Salad                              |
| <p>Please Note:<br/>Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.</p> |   |   |   |   |   |
| <p>All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.<br/>Milk offered: Fat Free Chocolate or Low Fat White</p>                                    |   |   |   |   | <p>This institution is an equal opportunity provider.</p> |